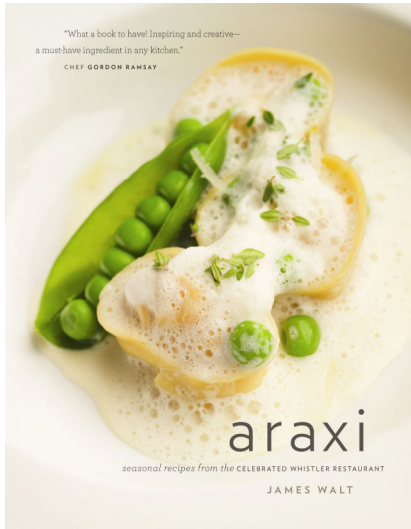




Douglas & McIntyre

MEDIA RELEASE

Araxi and Blue Water Cafe Seafood Cookbook take home winning prizes at the Cordon d’Or Gold Ribbon International Cookbook Award

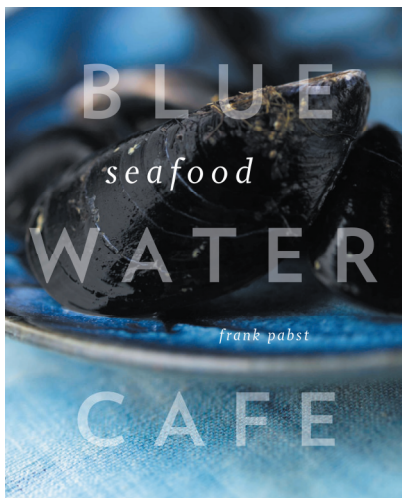


Vancouver, BC – March 3, 2010. Douglas & McIntyre is thrilled to announce that two of their recently published cookbooks have won in the Cordon d’Or Gold Ribbon International Cookbook Awards.

Araxi: Seasonal Recipes from the Celebrated Whistler Restaurant (978-1-55365-367-7, \$45.00 CDN), by James Walt, has won in the Illustrated Cookbook category, and culinary team Frank Pabst and Yoshihiro Tabo’s book *Blue Water Cafe Seafood Cookbook* (978-1-55365-368-4, \$45.00 CDN) has won the Fish & Seafood Cuisine category.

The awards will be presented on April 30, 2010 in St. Pete Beach, Florida.

JAMES WALT has been recognized by the *Globe and Mail* as “one of the top seven chefs in the country.” A graduate of the prestigious Stratford Chefs School, he spent four years at Sooke Harbour House before joining Araxi in 1998. He has been invited to cook at the James Beard House in New York City several times and he serves on the board of directors of The Chefs’ Table Society of British Columbia. He lives in Pemberton, BC, a farming community located near Whistler.



FRANK PABST has trained in Michelin-starred restaurants in Germany and France. He arrived at Lumière as the *chef de cuisine* and later opened Bistro Pastis to critical acclaim. He has run the kitchen at Blue Water Cafe since 2003, and won the *Georgia Straight’s* Golden Plates Critics’ Award for Chef of the Year in 2008. He lives in Vancouver, BC.

YOSHIHIRO TABO arrived in Canada in 1972 after training in Osaka. In 1986, he opened his first restaurant, Shijo, followed by Yoshi, both earning rave reviews. He has headed the Raw Bar at the Blue Water Cafe since 2002, and won *Vancouver* magazine’s silver award for Best Formal Japanese dining in 2008. He lives in Vancouver, BC.

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